



Short Course Promoting Health in Aboriginal and Torres Strait Islander Communities

Presented by the Menzies School of Health Research

<u>Date:</u>	Tuesday 26 August - Thursday 28 August 2008
<u>Venue:</u>	Seminar Room, Menzies School of Health Research
<u>Costs:</u>	\$750 for the 3 days; Cost of short course with assessment is \$1000
<u>Presenters:</u>	Dr Ross Spark, Ms Leanne Mick-Ramsamy, Dr Kate Senior, Mr Phillip Mills
<u>Registration by:</u>	Friday 15 August 2008

Course Overview

This short course will cover the design, implementation, monitoring and evaluation of health promotion activities in Aboriginal and Torres Strait Islander communities. All presenters are highly experienced practitioners and there will be an emphasis on participants working through case study material.

Who should attend?

- Health education and health promotion professionals
- People interested in the design of appropriate and sensitive health promotion activities
- Postgraduate students

Further details and registration

For further details and to register your attendance contact:

Catherine Richardson

Academic Administrator

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Maximum of 35 places - early bookings essential

❖ Lunch and morning and afternoon teas will be provided



The Course

This course is directed at covering the fundamentals of health promotion and is intended as an introduction to the practice as a whole, but will connect to the special circumstances of the Aboriginal people who inhabit northern, central Australia and far north Queensland.

It is not premised on there being any single correct approach to or style of promoting health in Aboriginal and Torres Strait Islander communities and draws on the diverse health promotion, community development and public health fields.

Participants will learn about competing theoretical perspectives and explanations or schools of thought, as well as alternative policies, programs and other interventions and encouraged to form and justify their own views about which approaches best fit to various challenges.

It will enhance understanding of appropriate strategies and techniques through exposure to conceptual and practice literature, working documents from the field, research reports and other mass media information, direct observation and critical reflection on current practice.

Topics to be Covered

- The context of Aboriginal health past/present/future
- Advocacy for health in the community
- Knowledge, attitudes and beliefs about health promotion in Indigenous communities
- Design and development of health promotion education and resources
- Health promotion theory and methods
- Planning, monitoring and implementing health promotion programs
- Community profiles identifying health needs in the community
- Case studies - what works?
- Prioritizing health needs in the community
- Evaluation of health promotion projects
- Feedback and community involvement

Learning outcomes

- Major issues related to promoting health in Aboriginal and Torres Strait Islander communities
 - Important controversies and debates associated with health promotion
 - The current political and policy contexts of Aboriginal and Torres Strait Islander health practice, especially as it affects health services
 - Various approaches to health promotion in Aboriginal and Torres Strait Islander health
 - Skills necessary for practicing health promotion, particularly those involved in face to face work at the community level
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